

What Is That Sound



Coming this Summer



INTRODUCTION TO THE PUPPET SHOW
'What Is That Sound'

Dear Teachers, Librarians and Presenters,

Before the performance, I want to introduce you to this little puppet show. I have created this presentation with the intention of helping young children gain awareness of their emotions in a safe and playful way. It's important that you watch the show with them and be part of the experience.

'What Is That Sound' is about a little boy facing his fears. I, with the help and advice of caring expert hands and minds, have lovingly and with most care created this fifteen-minute puppet show. I hope that this little story can serve as a tool for you to continue exploring feelings with the children and learn to address them as they arise.

'What Is That Sound': It's bed time and Tom and Tim are tucked in...

AFTER THE SHOW WITH THE CHILDREN

Puppeteer:

Thank you for being such a good audience. Before I go, I would like to talk a little about the puppet show.

What do you think Tom was feeling when he first heard the sound?

What could he do next time he feels afraid? Do you have any advice for Tom?

When I am scared, the first thing I do is gently breathe deep and slow. When I do that, I get more oxygen in my brain and I feel calmer. Then, I think about things that make me feel good like my ducks and my chickens or my dogs or! I ask someone I trust for help.

I have to go now; I am so glad to have met you. How about we say goodbye by taking three deep and slow breaths. Gently... together.... ready...

Puppeteer: Breathe three times with the kids. Much love! Bye-bye. Blow kiss.

Puppeteer begins getting ready for the next show or starts putting it away.

Suggested art projects after the show:

The children are led out from the performance space in to another class where they will continue exploring their emotions with their teacher. Example for art projects: build or draw their own monster, play little skits with puppets, talk together about what is scary.

LOGISTICS:

Recommended age: Four, five, six and seven years old. Pre–K. Kindergarten and First & Second grade.

Ideal audience size: Seven to ten children per show.

Puppet Show length is 15 minutes + 10 minutes after show for talk with children and puppeteer.

Indoor performance.

Space needed to set up the show is 10 feet by 10 feet.

For best viewing children will need adult size chairs. Please make available.

CONTACT:

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